



Ensenada Mission in Mexico Nourishing the Body and Soul

In partnership with Link International Ministries www.linkintl.org

The St. Barnabas/Mayo Clinic/RLC & Friends Medical Mission Trip to Mexico sounds like a mouthful but its long title expresses the combined efforts of many that divinely come together each July. The goal of this mission trip is to provide love and respect for these precious people of rural Ensenada, Mexico. The 200+ patients (all ages) who are seen **each day** during the week-long trip leave the clinic area hearing and seeing God's love for them in tangible ways.

Born 20 years ago, the first trip consisted of 1 doctor, 2 residents, 1 pharmacist and a medical assistant. The ministry has grown to a team of 45-55+ that include physicians, nurses, pharmacist and staff that provide a "MASH unit" medical clinic and commissary along with a native group providing dental care. **Beans and Bibles are provided each year by RLC!** Patients include many Mixteco, Zapoteco and Triki Indians that are still not granted medical care within the Mexican health care system.

With the team's goal of extending care beyond that of the medical visit, each patient receives their physical exam and /or eye exam and glasses, proceeds to the pharmacy to fill their prescription and then moves to the commissary area where they are provided a bag full of goods to meet some tangible needs. These goods may include toiletries, hat and t-shirt, pinto beans, paper staples and a Spanish New Testament. Beans and Bibles are provided each year by RLC! Special donations vary each year based on contributions of individuals desiring to help meet physical needs. Patients are then shown to the "shoe store" where a team of youth assistants fit the family with new shoes-often the only pair they will own.



There is a video on Youtube entitled: Iglesia La Gran Comision Promo Video. It gives a visual of our host Pastors, Ruben and Graciela Castaneda and Assistant Pastors, Pablo and Martha Garcia, the ministers we connect with each year in our mission trip. [Click here for video.](#)

If you have any questions contact Richard & Susan Smith, rlsmith716@yahoo.com. To read more about the ministries of Pastor Ruben [click here](#), or Pastor Pablo, please [click here](#).

